



BOUNTIFUL SUMMER OF FUN

We enjoyed another abundance of fun and learning at our summer play scheme. The next play scheme will be in October - details overleaf.



LET'S BRING
IN THE LIGHT
THIS HALLOWEEN

6:00-8:00PM

ST NATHANAEAL'S CHURCH



THIS IS A BOOKABLE EVENT

(SEE OVERLEAF FOR DETAILS)

CHARITY WINS SPORT ENGLAND FUNDING FOR 'EXCITING' NEW PROJECT TO GET US MOVING

THE Opening Doors Project is delighted to announce new funding for an "exciting" new project which aims to promote physical activity within the community.

This funding from Sport England will allow the charity to deliver its health benefiting programme Movement For All, which will launch on September 8.

The project has been designed to encourage people of all ages and abilities to get moving, whether that means taking the first step towards a more active lifestyle or finding new ways to keep moving more often.

A timetable will include something for everyone, with activities such as:

- Walk & Talk Group
- Chair-Based Zumba
- Line Dancing
- Children's Football Sessions

Gayle Connor-McCreith, the charity's project coordinator said: "We are absolutely delighted to announce that we have secured funding from Sport England to promote physical activity and movement within our community.

"This funding will allow us to deliver a brand-new project called Movement For All, launching on September 8.

"We truly believe that movement is for everyone, and this exciting programme will provide fun, friendly



- New funding from Sport England will help the Opening Doors Project deliver a variety of health activities.

and accessible opportunities for people to get active while meeting others in the community.

Happier

"We would like to take this opportunity to extend a heartfelt thank you to The National Lottery players. It is because of your support that both this Sport England funding and our National Lottery Community Fund are possible. Together, you are helping us to create healthier, happier communities where everyone has the chance to move more.

"We look forward to seeing you at Movement for All - let's get moving!"

A full timetable of sessions can be found overleaf.

THANK
YOU!
❤️

Heartfelt thanks

The charity would like to extend its sincere gratitude to Garfield Weston, P H Holt, John Moores Foundation, The National Lottery Community Fund, and Feeding Liverpool for their continued support.

Your generosity enables us to carry out our vital work—promoting positive mental health, bringing our community together, and providing a much-needed food hub.

Quite simply, the difference we make in people's lives would not be possible without your ongoing support. From all of us here, thank you for standing with us and helping our community to thrive.



COOKING AND SCIENCE 'BIG HIT' AT SUMMER PLAY SCHEME



THIS summer, our community came alive with the laughter and energy of children and families who joined us for our Summer play scheme. The programme was filled with a fantastic variety of activities that kept everyone engaged, learning, and having fun together.

From hands-on chemistry and biology experiments to arts and crafts sessions, children had the chance to explore their creativity and curiosity. Families also enjoyed lively Zumba classes, interactive cooking workshops, and special fun days that brought everyone together. To top it all off, our day trips gave families the opportunity to make memories and share new experiences beyond the usual routine.

Brilliant

The feedback from families has been overwhelmingly positive. Among the comments from parents and family participants are:

“My children absolutely loved every single session – they came home smiling and couldn’t wait for the next day!”, “It was brilliant to have such a range of activities over the summer. The cooking and science workshops were a big hit with us!” and “This play scheme made the holidays so much easier and more fun – thank you for creating such a welcoming space for everyone.”

We’re delighted to announce that our next play scheme will run during the October half term (Oct 27-31). Places can be booked through our Facebook page or by emailing the charity directly.

We look forward to welcoming you back for more fun, learning, and community spirit!

- ‘Professor Adam’ leading a class and a science student.

KID’S PARTY TO SHINE A LIGHT ON FUN AND TOGETHERNESS



- A dazzling light costume from last year’s party.

This Halloween, we are excited to invite all children and families to our Light Night Kids Party – a fun-filled evening that brings our community together in a safe, joyful, and creative way.

The event will take place on Halloween night (Friday Oct 31) from 6-8pm at St Nathanael’s Church. Instead of focusing on the spooky side of the season, we’re shining a light on fun, laughter, and togetherness.

Celebrate

Children can enjoy games, music, dancing, and activities in a welcoming environment designed to celebrate community spirit.

This is a bookable event and places are limited. To secure your spot, please visit our Facebook page or email the charity directly for booking details.

Come along, join the fun, and let’s bring in the light this Halloween!

WEEKLY ACTIVITIES (TERM-TIME ONLY)

MONDAYS

DIAMOND ART & 2 COURSE DINNER
6:00pm to 8:00pm
2 course Dinner £1 adult 50p child)

TUESDAYS

ADULT CRAFT & LUNCH CLUB
11:00am to 2:30pm
2 Course Lunch £1 adult 50p child)

WEDNESDAYS

AFTERNOON TEA & BINGO
12:00 pm to 2:30pm £1 adult 50p child)

THURSDAYS

2 COURSE MEAL & QUIZ
12:00pm to 2:00pm £1 adult 50p child)

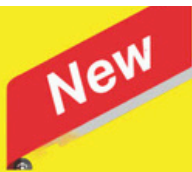
FRIDAYS

RECYCLE - RE-SEW - RE-USE
6:00pm to 8:00pm
CHIT CHAT CROCHET
6:00pm to 8:00pm

All activities are bookable, please email us to find our more at theopeningdoorscharity@outlook.com

Like and Share us on **facebook**

WEEKLY EXERCISE ACTIVITIES



TUESDAY

PILATES
6:30pm to 7:30pm

WEDNESDAY

WALK & TALK GROUP
10:00 to 12:00pm (includes lunch)

WEDNESDAY

CHAIR BASED ZUMBA
6:00pm to 7:00pm

FRIDAY

LINE DANCING
10:00 to 11:00pm (refreshments included)

FRIDAY

Family Football Skills Training
5:00 to 6:00pm. Stalmine Gardens

SUNDAY

Family Football Skills Training
5:00 to 6:00pm. Stalmine Gardens

