



NEW THIS MONTH

Starting in June - 'Recycle, recook and eat'. Learn great money saving ideas to reduce wasted food. Look out on our Facebook page for more details.



Back on yer bike



The Opening Doors Project has teamed up with the Big Bike Revival.

Discover the mental and physical health benefits of cycling or revive your love of cycling.

Get cycles fixed, learn new skills or take part in a bike ride.

Check out our Facebook page for details.

YOUNGSTERS REWARDED WITH BEACH TRIP AND ICE CREAM AFTER FUN FILLED WEEK OF LEARNING

There were a variety of educational activities on offer at our May play scheme which had the children thinking hard about the environment, learning new culinary skills and visiting their local fire station.

As always, however, there was plenty of fun mixed in with the learning. Along with a stack of crafts and games on offer, the children got to meet Barney, dance with a Minion, have a go at using a fireman's hose, and to cap off the week enjoy an ice cream on a much enjoyed sunny day out to New Brighton.

Following the trip to the fire station and to give a flavour of a typical day, Gayle Connor-Creith, charity coordinator wrote: "What an amazing day we all had today. Fabulous choices for breakfast.

"A group of the children went for an exciting visit to the fire station.

Amazing

"Then colouring in and decoding before painting pebbles, which was lots of fun and all of the children used their imaginations to make some amazing stones.

"Making shadow puppets was next, with a shadow puppet show, telling the story of Little Red Riding Hood, her family, the woodcutter and of course



- Ice-creams all round and beach fun at New Brighton.



The Big Bad Wolf. Don't know who had more fun, the adults or the children!

"A wonderful lunch was enjoyed by all.

"A great big thank you to all our amazing staff and volunteers for a wonderful day.

Finally the children planted bean shoots in the garden outside with Jean and Bill, so they will be able to watch them grow in the summer holidays."

Other days involved the children using their artistic skills to get an environmental message across - reducing waste,



- Interactive cooking session and trip to fire station.



recycling and reducing carbon footprint. An interactive cooking session taught how to cook vegetable fried rice a healthy way.

The children were then joined by Barney and Minion who helped clean up in a fun way and take part in a move to the music session with them.

Other activities included creating bird feeders.

About the trip to the fire station, Jean Hynes, churchwarden at St Nathanael's Church, posted on social media: "Teaches the kids so much respect for our fire services ... well done Opening Doors."





GEM OF A CLASS

The weekly attendance at Diamond Art Class now averages around 60.

Suitable for both beginners and experienced crafters, diamond art is similar to paint by numbers and cross stitch and involves fixing coloured resin rhinestones onto a self adhesive pattern.

This absorbing and relaxing activity is said by many to be more stress relieving than any other craft.

The class is taught by Tina and Donna and takes place every Monday 6-8pm and includes dinner. All welcome.

'BLOSSOMING TEEN IS CREDIT TO FAMILY AND COMMUNITY'

We are always grateful when people who have taken part in our various services then become either workers or volunteers themselves.



• Rhianne Verdin

We have a

fantastic team here at the Opening Doors Project.

However, it has been extra special to have young Rhianne Verdin join us as a trainee activity worker. Rhianne has been a part of our community pretty much since the charity was birthed and she was knee high to a grasshopper herself.

Rhianne, 17, is the daughter of one of the long standing volunteers and leaders in the charity Julie Verdin. Over the years she has been taking part in various activities along with her older brother and younger sister. She has also volunteered with the youth group.

Rhianne said: "I originally attended the youth club when I was younger and it was such a fun place to be and now that I'm older I'm happy that I have been able to join the staff and contribute in helping keep this amazing place going.

"I have been working with the youth club quite a while now and I can say I've loved every minute of it."

The teenager has already picked up some useful qualifications that will help her perform her role professionally and stand in her good stead for her future career.

Some of the activities that Rhianne can be expected to be helping with include youth groups, camps, play schemes and Christmas festivals.

However, she

loves everything she does with the charity, and she is happy just to muck in with whatever needs to be done.

"Part of my role as a trainee activity worker is that I help the other volunteers with setting up, putting away and managing activities that we do with the young people who attend our setting," Rhianne said.

Valued

"The Opening Doors is a great place to be full of friendly staff and amazing people and I love that I can help out and be a part of the community whether it's helping in the kitchen, doing activities with the young people or even helping tidy up."

Gayle Connor McCreith, project coordinator, said: "We are committed to developing the youth in our community. We merely provide a platform for them to flourish within their given role.

"Watching Rhianne develop has been like watching a flower blossom. Rhianne has gained vocational qualifications and transferable skills which she can build upon.

"Rhianne is a valued member of the team and is a credit to her family and community."

WEEKLY ACTIVITIES

(TERM-TIME ONLY)



MONDAYS

MINDFUL PARENTS AND TOTS
12.30PM – 2.30PM (INC. LUNCH)
DIAMOND ART
6PM – 8PM (INC. DINNER)

TUESDAYS

CRAFT CLUB AND LUNCH
11AM – 12.30PM (INC. LUNCH)
CHIT CHAT AND CROCHET
12.30PM – 2.30PM (LUNCH AT 12PM)

WEDNESDAYS

AFTERNOON TEA & BINGO
12PM TO 2.30PM
CHAIR-BASED EXERCISE
6PM TO 7PM

THURSDAYS

CHIT CHAT AND CROCHET
6PM TO 8PM
COMMUNITY LUNCH AND QUIZ
12PM TO 2PM

FRIDAYS

KID'S CLUB 6-7PM
FAMILY FOOTBALL SKILLS TRAINING
8PM TO 9PM
ACTIVITY FOR ALL STADIUM, MACGUIRE AVENUE, BOOTLE, L20 9PQ

Some activities are bookable. Please email us to find out more at contactus@openingdoorsproject.org.uk

Reducing waste provides rich seam of ideas for fabric recycling group



Our new sewing session is 'bobbin along' with residents keen to make the most of their unused fabrics and sewing machines.

The group, which meets every Thursday 6-8pm, aims to help residents to reduce fabric waste by transforming it into things that will help with cost of living such as draft excluders, blankets, nappy holders, cushions and more.

There are a limited number of places on this course. Please bring your own sewing machine as this will free up a place for someone who does not have sewing machine. Fabrics and other materials are provided the session includes light refreshments.

The Opening Doors Project has been accepted as a potential recipient of funds from the Enterprise Credit Union lottery based on Merseyside.

