



## SUMMER FAYRE



St Nathanael's Church's annual summer fundraising fayre will be on Saturday July 5, 11am to 2pm.

There will be a range of stalls, tombola, cakes and refreshments. Why not come along and have a browse?



# THE OPENING DOORS PROJECT

# THANK YOU

The Opening Doors Project would like to thank all of the organisations that continue to fund its work here in the Walton community.

Thanks to their support, the charity is now in its ninth year carrying out its mission to "promote positive mental health with families and reduce social and financial exclusion".

Gayle Connor-McCrief, the charity's project coordinator said: "Thank you to our funders for your continued support. The work we do would not be possible without your support."

# WARMING UP FOR SUMMER OF FUN

HERE at the Opening Doors Project we are gearing up for another summer of fun with a host of activities and events to keep our children occupied during their school break. Parents are welcome to join in as well!

Our three week summer play scheme kicks off on Monday July 28 and runs till Thursday August 21. Along with the usual bumper schedule of crafts, games, and food - with lots of educational stuff thrown in too - we are also planning a number of day trips.

There will also be special Funday Tuesdays with bouncy castles, games and face painting on July 29, August 5, 12 and 19. Breakfast and lunch will be provided.

## Reflective

At our most recent play scheme, activities ranged from the meaningful and reflective to the fun and creative - sessions helped children to think about family and relationships as well as make World War II Spitfires with toilet rolls and dinosaurs with disposable plates.

We also devoted time to developing the children's culinary skills with a session of interactive cooking, which was productive and enjoyable.

Places on the summer play scheme are limited and are offered on a first come first served basis. Preference is given to those on benefit-



- Above: a fashionable little girl sports her summer look.
- Below: youngsters show off their craft creations at the recent play scheme.

related free school meals.

Booking information for the play scheme and Funday Tuesdays will be available on Facebook page 'The Opening Doors Project-Rice Lane'.



- The interactive cooking session was productive and enjoyable.



# 'LIVELY' COMMUNITY DAY BRINGS TOGETHER 'AMAZING FOOD' AND 'LOVELY FRIENDS'

Research has shown that eating together is a great way of helping our physical and mental health.

That is something we have always believed here at the Opening Doors Project, which is why we enjoy providing food for every activity and occasion.

However, not only do we like to bring people together we also love cooking great food. And once a month we love to go the whole hog with our community roast lunch.

Taking place on the first Thursday of every month from 12pm to 2.30pm, and for just £1 (children 50p) residents and guests can tuck into a full roast dinner, with a choice of chicken, beef and pork with all the trimmings followed by a choice of desserts.

## Quiz

Then when we have all had enough, we can sit back with a cup of tea or coffee and enjoy a quiz.

Previously satisfied customers have included June Brisk, who said: "And this was more than just a good roast, it was an amazing meal. Thanks to Gayle and the rest of the volunteers for being so nice and looking after us all so well."

Meanwhile Yvonne Sanderson said: "Thank you for a wonderful day today, delicious food with lovely friends."

Gayle Connor-McCrief, the charity's project coordinator, says: "Such a lively community day. See you at the next one."



- Above: Gayle takes charge of the roast potatoes.
- Below: Our very helpful volunteers Jackie (left), Lily and Nile (inset).



*'Laughter is brightest in the place where the food is' - Irish Proverb.*



- The community roast lunch is a lively community event.

## WEEKLY ACTIVITIES

(TERM-TIME ONLY)



### MONDAYS

**MINDFUL PARENTS AND TOTS**  
12.30PM – 2.30PM (INC. LUNCH)  
**DIAMOND ART**  
6PM – 8PM (INC. DINNER)

### TUESDAYS

**CRAFT CLUB AND LUNCH**  
11AM – 2.30PM (INC. LUNCH)  
**CHIT CHAT AND CROCHET**  
12.30PM – 2.30PM (LUNCH AT 12PM)

### WEDNESDAYS

**AFTERNOON TEA & BINGO**  
12PM TO 2.30PM  
**CHAIR-BASED EXERCISE**  
6PM TO 7PM

### THURSDAYS

**COMMUNITY LUNCH AND QUIZ**  
12PM TO 2PM  
**CHIT CHAT & CROCHET** 6PM– 8PM  
**RECYCLE, RESEW, RESUSE** 6PM– 8PM

### FRIDAYS

**FAMILY FOOTBALL SKILLS TRAINING**  
6PM TO 7PM / STALMINE ROAD GARDENS  
**BINGO**  
LAST FRIDAY OF MONTH 6PM–7PM

Some activities are bookable. Please email us to find out more at [contactus@openingdoorsproject.org.uk](mailto:contactus@openingdoorsproject.org.uk)

## FUNDRAISER FOR ALL THE FAMILY



The Opening Doors Project holds a prize bingo on the last Friday of the month at St Nathanael's Church.

This relaxed and fun event is for all ages and takes place from 6pm to 7pm. Books are £6 each.



- Volunteers Lol (left) and Margaret help make sure bingo is a success.